

Apothicor Wellness

Member Guide



2025

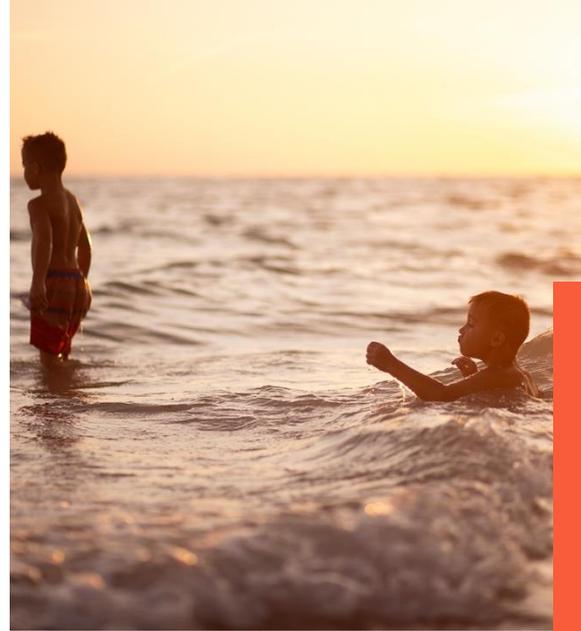
Wellness Plan

Details

Welcome & Congratulations!

Your health plan has partnered with Apothicor Wellness to further improve your member experience!

This is a unique opportunity for you and your family to truly manage your health conditions, reduce your out-of-pocket costs and earn financial incentives; all at the same time!



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**We are Beyond Excited to
Become a Valuable Member
of Your Healthcare Team!**

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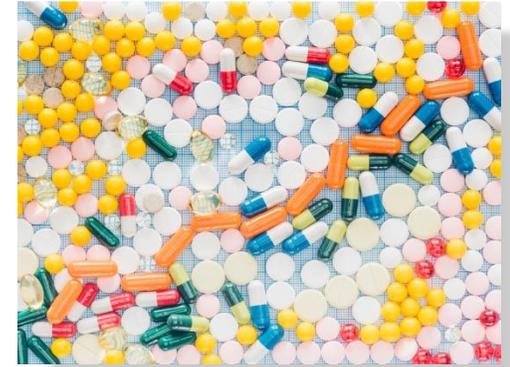
More Info

Links to learn more and get in touch with us.

What Is Apothicator Wellness?

About Us

Apothicator Wellness is a pharmacists-based consultant for health plans and their members; we tailor the education and treatments you receive to your health conditions and unique characteristics. Through this, we achieve improved health outcomes and sustainable cost savings, for years to come!



We excel most at managing your medications and their associated costs; guaranteeing you have the best health outcomes, while using the lowest cost drugs possible.

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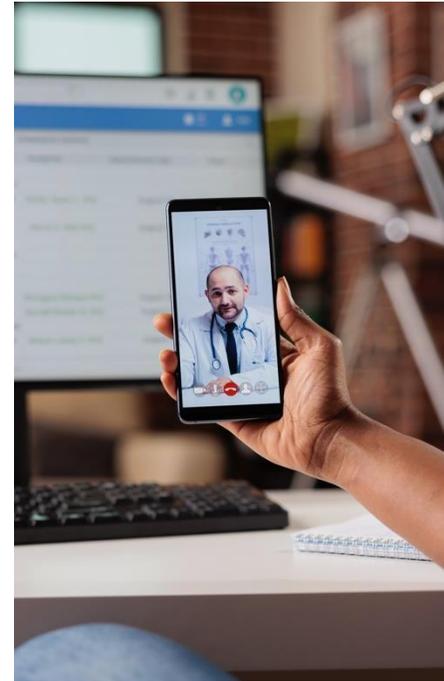
A Second Opinion

We get a second opinion on many things in life like surgeries, car and home repairs and much more. Medications are crucial to our health outcomes and can cost a small fortune; why not get a second opinion to be sure you're taking the right stuff?

Our team utilizes evidence-based care to make sure you're taking everything you need and nothing you don't.

Pair this with comprehensive education and you're on track to creating the most cost-effective care imaginable.

As you better get to know our staff, we're confident you'll come to trust that your care and medications are in no better hands!



What Savings Are We Talking About??

For starters, ensuring your medications help you achieve your health goals today, creates long-term savings; such as reduced specialist care, emergency room visits and hospitalizations.

Furthermore, following the guidance of our staff allows us to identify and initiate opportunities to utilize equally effective, lower cost medications and treatments.

These interventions create savings for you and for your health plan. Imagine not having to worry about your out-of-pocket costs on drugs and medical care or even having your deductible waived; these are real possibilities with Apothicor Wellness!

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Wellness Program

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Significant Savings Means Sizable Incentives

As Apothicor Wellness creates both immediate and long-term savings, your health plan can offer meaningful incentives to participants.

Incentives can be dispersed in a variety of ways, depending on your health plan. It may be as a cash credit, reductions in plan premiums or a waiver of your deductible. The goal is to put more money back in your pocket, to enjoy the things that matter most.

The amount of incentive given to a participant depends on a variety of factors, including health factors. For example, diabetics may be eligible for a waiver of the plan's deductible by participating and following recommendations made by our staff. Those with other health factors may be eligible for similar or different sized incentives.

Patient Case Examples



Jason is a 45-year-old patient with diabetes and no additional risk factors, who takes Jardiance daily to manage his blood sugar. After his appointment with Apothicor Wellness, Jason agrees to follow lifestyle recommendations and utilize a lower cost medication that won't hinder his health outcomes. Jason's healthcare provider agrees to this change and he may be eligible for an incentive up to \$500.



Sarah is a 21-year-old patient with mild asthma. She uses a generic Flovent inhaler twice daily and albuterol as needed. After her appointment with Apothicor Wellness, Sarah agrees to change to generic Symbicort inhaler as needed and follow her asthma care action plan. Sarah's healthcare provider agrees this to this change and she may be eligible for an incentive up to \$250.



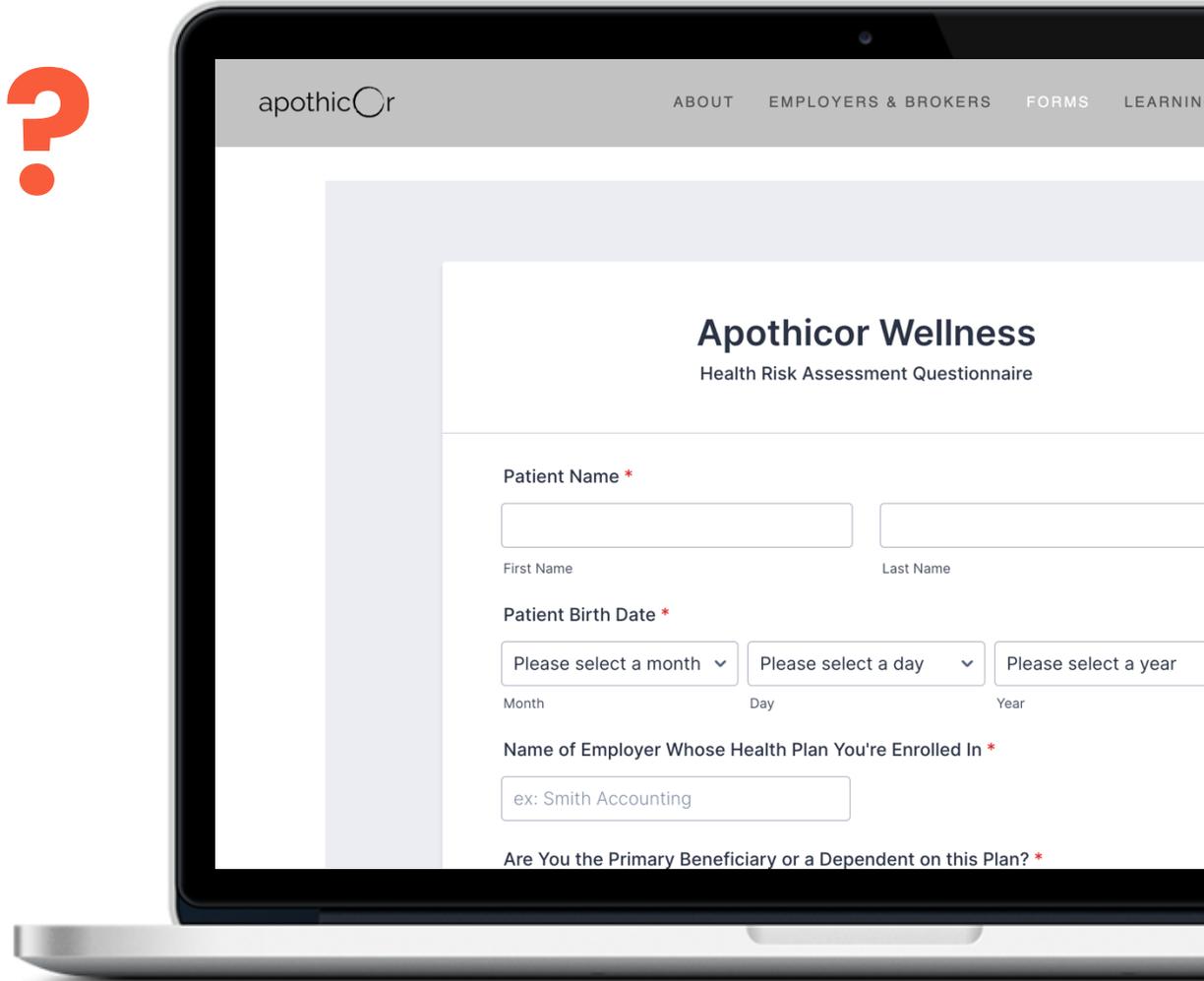
Mark is a 55-year-old patient with prediabetes, who takes Metformin daily to manage his blood sugar. After his appointment with Apothicor Wellness, Mark agrees to implement lifestyle recommendations and continue taking his Metformin as directed. He may be eligible for an incentive of up to \$50.

How Do I Participate?

This program is only available to members of the health plan. To participate you'll first need to complete our Health Risk Assessment (HRA). You can fill this out online at:

apothicor.com/forms

Submitting this form indicates your intent to participate. Once submitted, we will email you two additional forms to sign electronically. One regarding the privacy of your information and the other about your discretion when we make recommendations to you and your healthcare team.



The image shows a laptop screen displaying the Apothicor Wellness Health Risk Assessment Questionnaire. The form is titled "Apothicor Wellness Health Risk Assessment Questionnaire" and includes the following fields:

- Patient Name ***: Two input fields for "First Name" and "Last Name".
- Patient Birth Date ***: Three dropdown menus for "Month", "Day", and "Year".
- Name of Employer Whose Health Plan You're Enrolled In ***: A text input field with the example "ex: Smith Accounting".
- Are You the Primary Beneficiary or a Dependent on this Plan? ***: A question at the bottom of the form.

How Much Does It Cost?

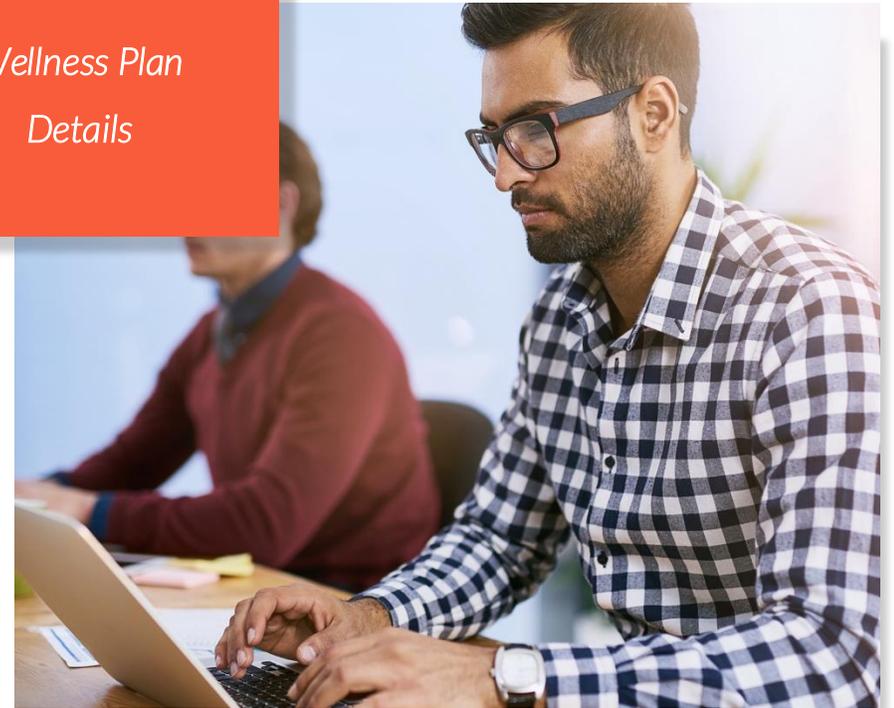
Participation in the Apothicor Wellness program is provided at absolutely no cost to members of the health plan.

There is also no penalty for not participating. However, with nothing to lose and so much to gain, we highly recommend participating and meeting with our staff!

Here's an insider tip: even if you don't take medications, our staff can still provide evidence-based recommendations to improve your health.

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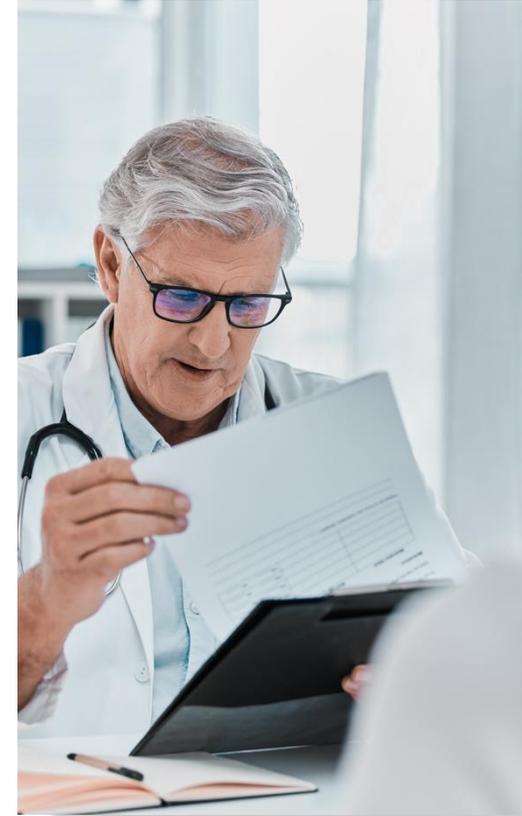
Now & Later

I Don't Have Health Conditions or Take Meds?

While those with health conditions who take medications get the most out of our services, we sincerely encourage those who don't to still participate.

We want to build rapport and trust with you now and help prevent any chronic issues.

In the case where you develop any health conditions in the future, you can trust that we're by your side and ensuring you're care is of the highest quality possible.



What to Expect When Participating

Once you've submitted your HRA and signed all necessary documents, we'll evaluate your health profile and reach out to schedule an appointment with our pharmacists. These are the services you can expect:

Disease Management

We'll determine your understanding of your health conditions and tailor lifestyle education to you specifically; helping you feel confident managing them under normal and distressing circumstances.

Medication Therapy Management (MTM)

MTM ensures your health conditions are being treated with the most evidence-based medications available, so you have the best health outcomes possible. We'll make sure you comprehensively understand your drug regimen, from managing side effects to making adjustments when necessary.

Transitional Care Management

This is available for members who had a recent visit to the emergency room or urgent care or were recently released from the hospital or long-term rehab.

These can be confusing and overwhelming times and we'll perform disease management and MTM specifically towards your newest health development.

Drug Cost Containment

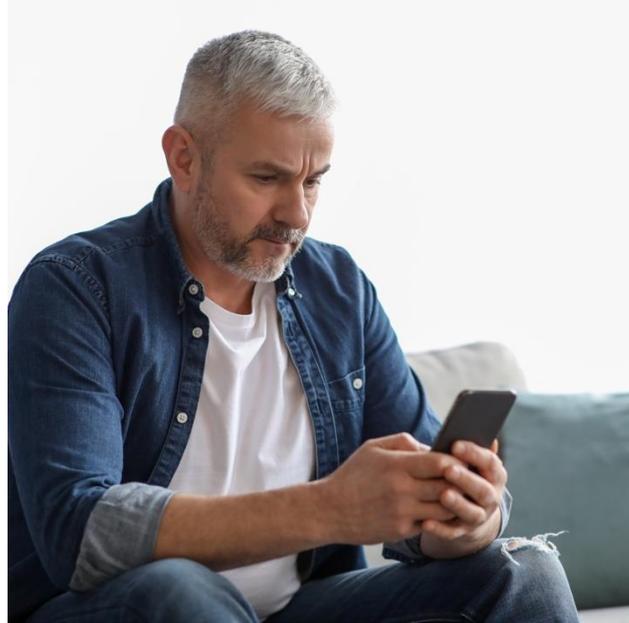
This identifies potential substitution, alteration or discontinuation of your current medications. Rest assured, any changes we recommend will keep you on track to your health goals and never hinder your outcomes!

We'll also guarantee you're getting the lowest out-of-pocket cost possible!

What to Expect Continued...

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Any changes recommended to your healthcare team are done only with your approval. Once you and your healthcare provider(s) approve these recommendations, we'll coordinate with your pharmacy to implement these changes.

After these changes have been made, you can expect a follow up with our staff on a monthly basis (or as often as necessary).

We also encourage you to reach out to us with any questions or concerns regarding things you've previously discussed with our team or new ones that may arise in the future. The patient care coordinator assigned to you will provide you a number you can text (or call if it's urgent).

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apothicor.com
/employers

Visit the URL address above to get more information about the services we offer.

Or reach out to us with additional questions you may have at:

contact@apothicor.com

We look forward to caring for you and your loved ones!