



apothicOr

Wellness

Plan



Details



Congratulations!

Your health plan has
partnered with
Apothikor Wellness to
further improve your member
experience!

This is a unique opportunity for you to
truly manage your health conditions,
reduce your out-of-pocket costs and
earn financial incentives all at the
same time!

We are beyond excited to become a
valuable member of your
healthcare team!

What is Apothicor Wellness?

Apothicor Wellness is a pharmacist-based consultant for health plans, offering in-depth and individualized care to its enrollees. Tailoring education and treatments to our patients' health conditions and unique characteristics, we achieve improved health outcomes and sustainable cost savings for years to come.

Where we excel most is managing your medications and their associated costs; guaranteeing you have the greatest possible health outcomes while utilizing the most cost effective drug regimen. The expertise and unique insight of our pharmacists is unparalleled and greatly assists the decision making of your healthcare team.

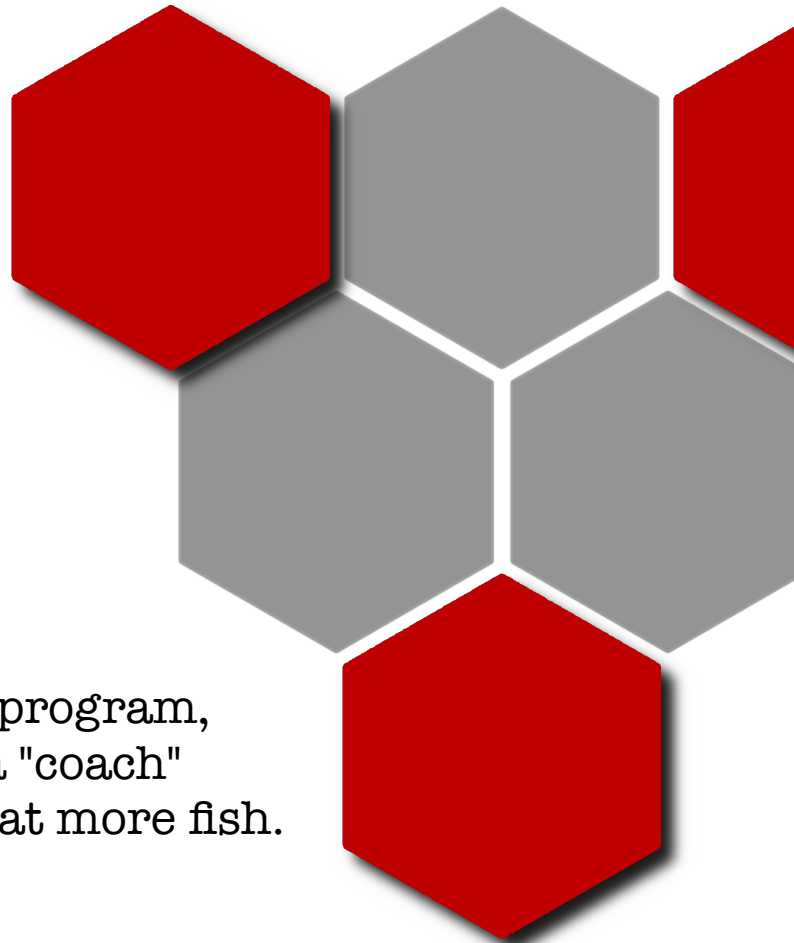


Not Just Another "Wellness Program"

When most think of a wellness program, they think of blood tests and a "coach" telling them to cut out sugar and eat more fish.

Unlike typical wellness programs, Apothicor Wellness does not perform health screenings. Preventative care is very important, however, we believe our greatest impact results from focusing care towards those with established health conditions. We take a direct one-on-one approach with our uniquely diverse patients.

As you better get to know our staff, we're confident you'll come to trust that your care is in no better hands.

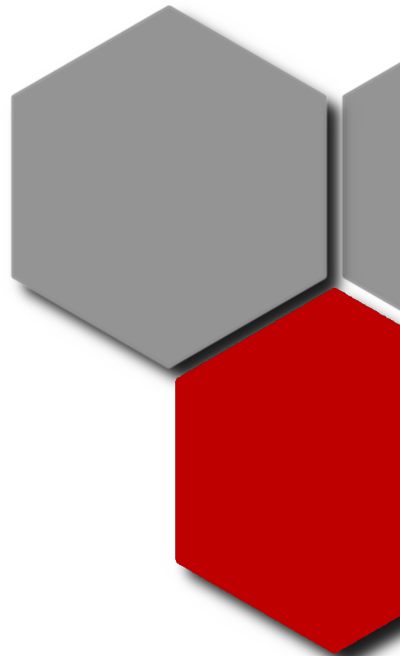




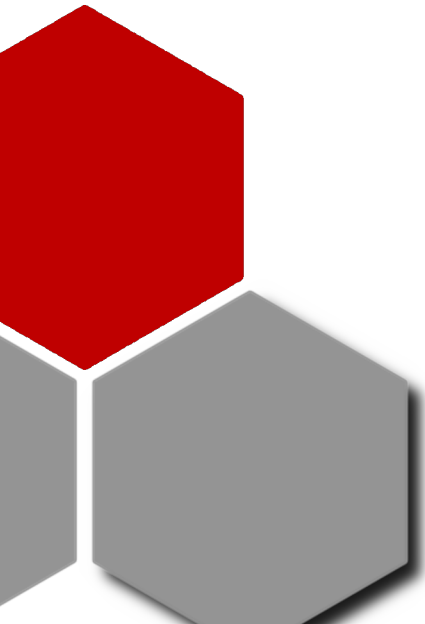
What Kind of Savings are We Talking About?

For starters, helping you meet your health goals today creates long term savings. The actions we take now reduce the risk of you requiring more critical care such as specialist visits, hospitalizations, and emergency services.

Furthermore, following the self-care guidance of our staff allows us to identify and initiate opportunities to utilize effective and lower cost medications and treatments.




These interventions create savings not only for your health plan but for you too! Imagine significantly reducing your out-of-pocket costs on drugs and medical services or never again having to worry about your deductible; these are real possibilities with Apothicor Wellness!



Real Results and Significant Savings Mean Sizable Incentives

As Apothicor Wellness creates both long-term and immediate returns on investment, your health plan can offer significant incentives to participants.

A decorative graphic on the left side of the page consists of a cluster of hexagons. There are two red hexagons and several grey hexagons. One red hexagon is at the top left, and another is at the bottom center. The grey hexagons are arranged in a honeycomb pattern around them.

Incentives given to participants are done so in the form of reductions in plan premiums or a waiver of some or all of the plan's deductible.

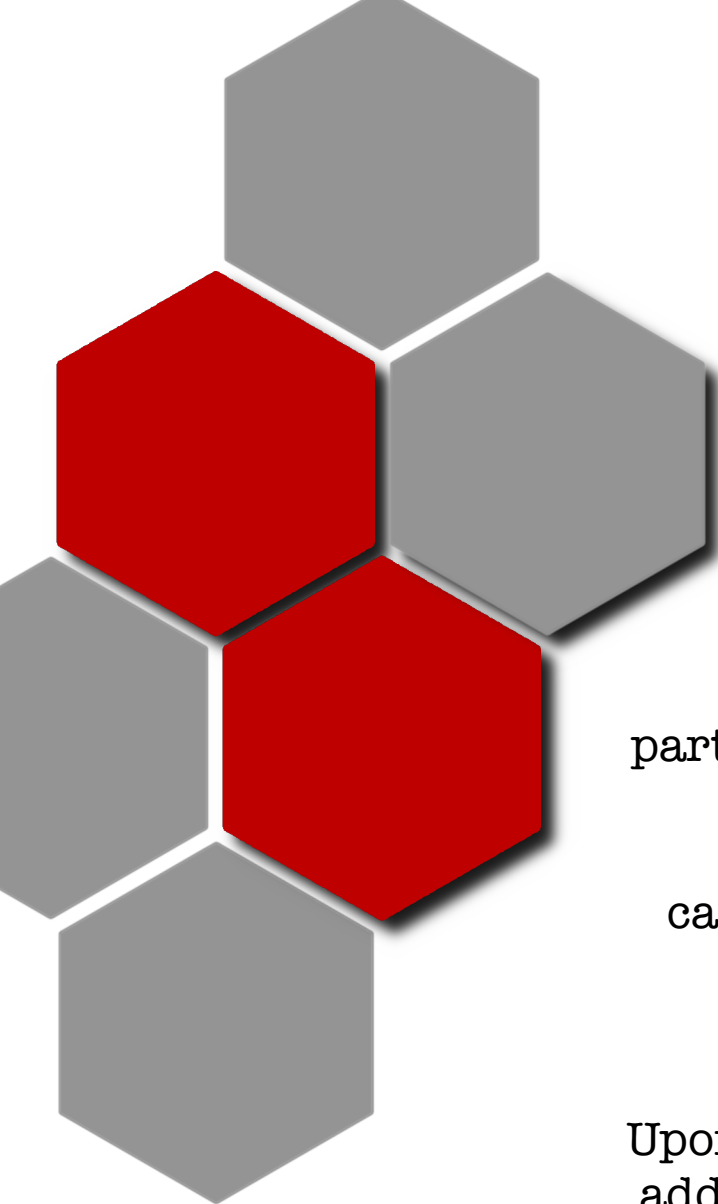
The amount of incentive given to participants depends on a variety of factors, including health factors. For example, diabetics may be eligible for a waiver of the plan's deductible by participating and following recommendations made by our staff. Those with other health factors may be eligible for a similar or different incentive.

Patient Case Examples

Rick is a 45 year old patient with diabetes and no additional risk factors, who takes Jardiance daily to manage his blood sugar. After his appointment with Apothicor Wellness, Rick agrees to change his medication to a cheaper alternative and follow lifestyle recommendations; this change is also accepted by his healthcare team. By following these recommendations, Rick may be eligible for an incentive of up to \$500.

Sarah is a 21 year old patient with mild asthma. She uses a generic Flovent inhaler twice daily and albuterol as needed. After her appointment with Apothicor Wellness, Sarah agrees to switch to generic Symbicort as needed, in addition to following her asthma care action plan. This change is also accepted by her healthcare team. By following these recommendations, Sarah may be eligible for an incentive of up to \$500.

Mark is a 55 year old patient with prediabetes who takes metformin daily to manage his blood sugar. After his appointment with Apothicor Wellness, Mark agrees to implement lifestyle recommendations and continue taking his metformin as directed. By following these recommendations, Mark may be eligible for an incentive of up to \$50.



How Do I Participate?

This plan is only available to enrollees of the health plan. To participate, you'll first need to complete our health risk assessment questionnaire (HRA); you can find this form on our website at:

apothicor.com/forms

Submitting this form indicates your intent to participate.

Upon submission, we will email you two additional forms to sign electronically, acknowledging the privacy of your information and your say regarding recommendations made by our staff to you and your healthcare team.

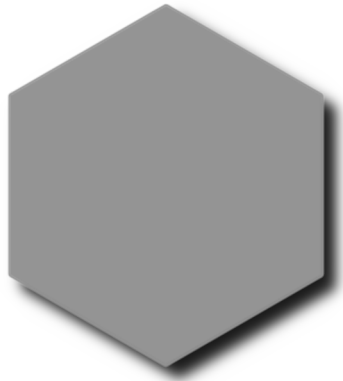
Participation in the wellness program is provided at no cost to enrollees of the health plan. Likewise, there is no penalty for not participating.

However, with nothing to lose and so much to gain, we highly recommend participation for those with any health conditions and/or those taking any medications.



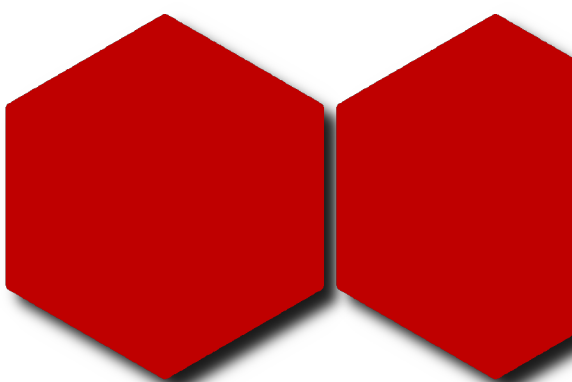
What Can I Expect When I Participate?

Once you have submitted your HRA and signed all necessary documents, our staff will evaluate your profile and reach out to schedule a time to meet with you.

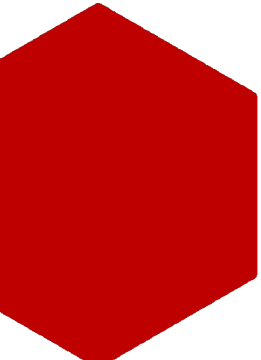


There are three primary services included when meeting with our staff:

Disease Management determines your understanding of your health conditions and tailors lifestyle education to you specifically; helping you manage both normal and distressing circumstances.



Medication Therapy Management (MTM) ensures your health conditions are treated with the most evidential medications available and that you comprehensively understand your drug regimen.



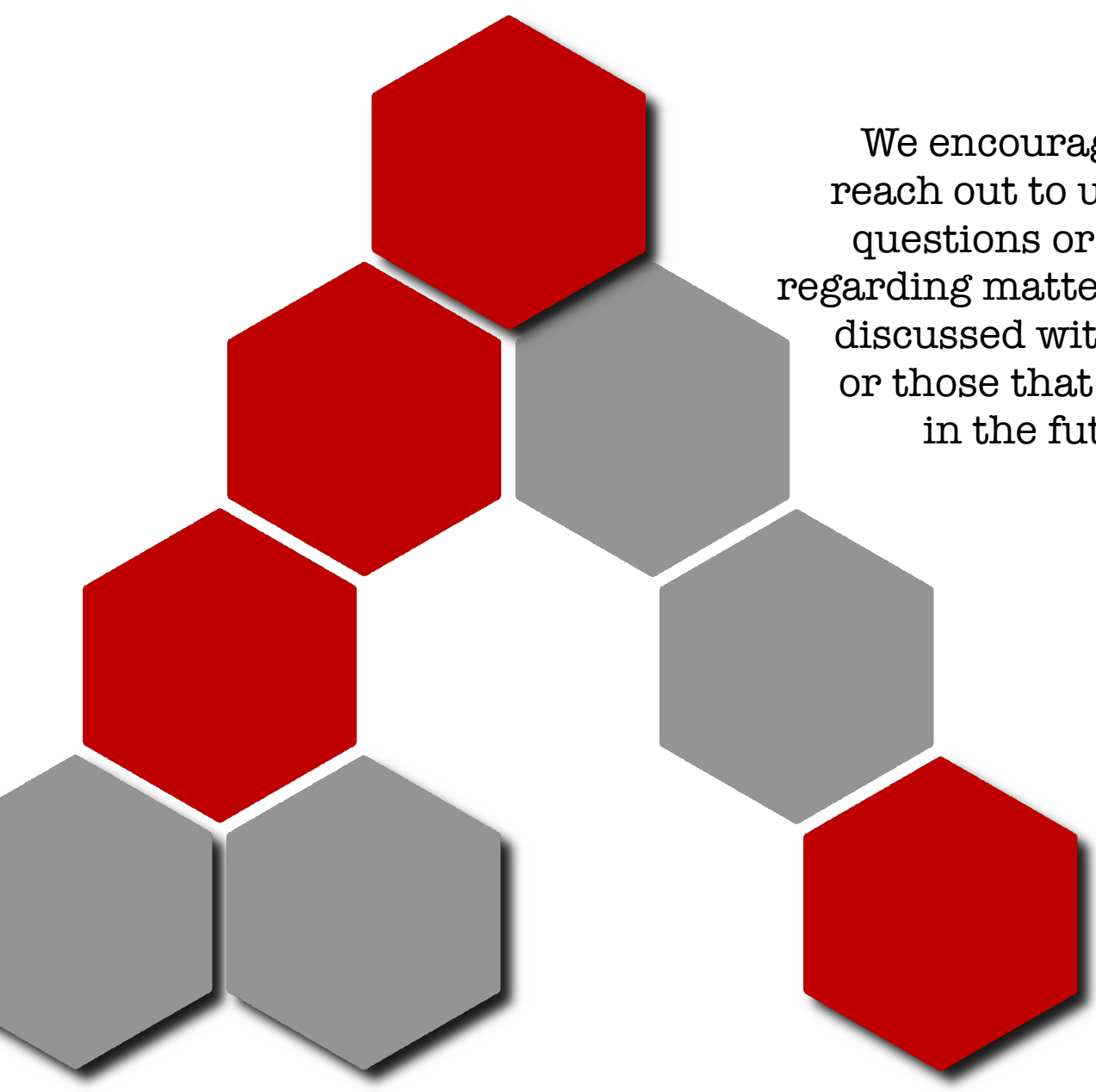
Cost Containment identifies uses of lower cost medications without sacrificing your health outcomes; as well as, guaranteeing the lowest possible out-of-pocket cost for you.

What to Expect Continued...

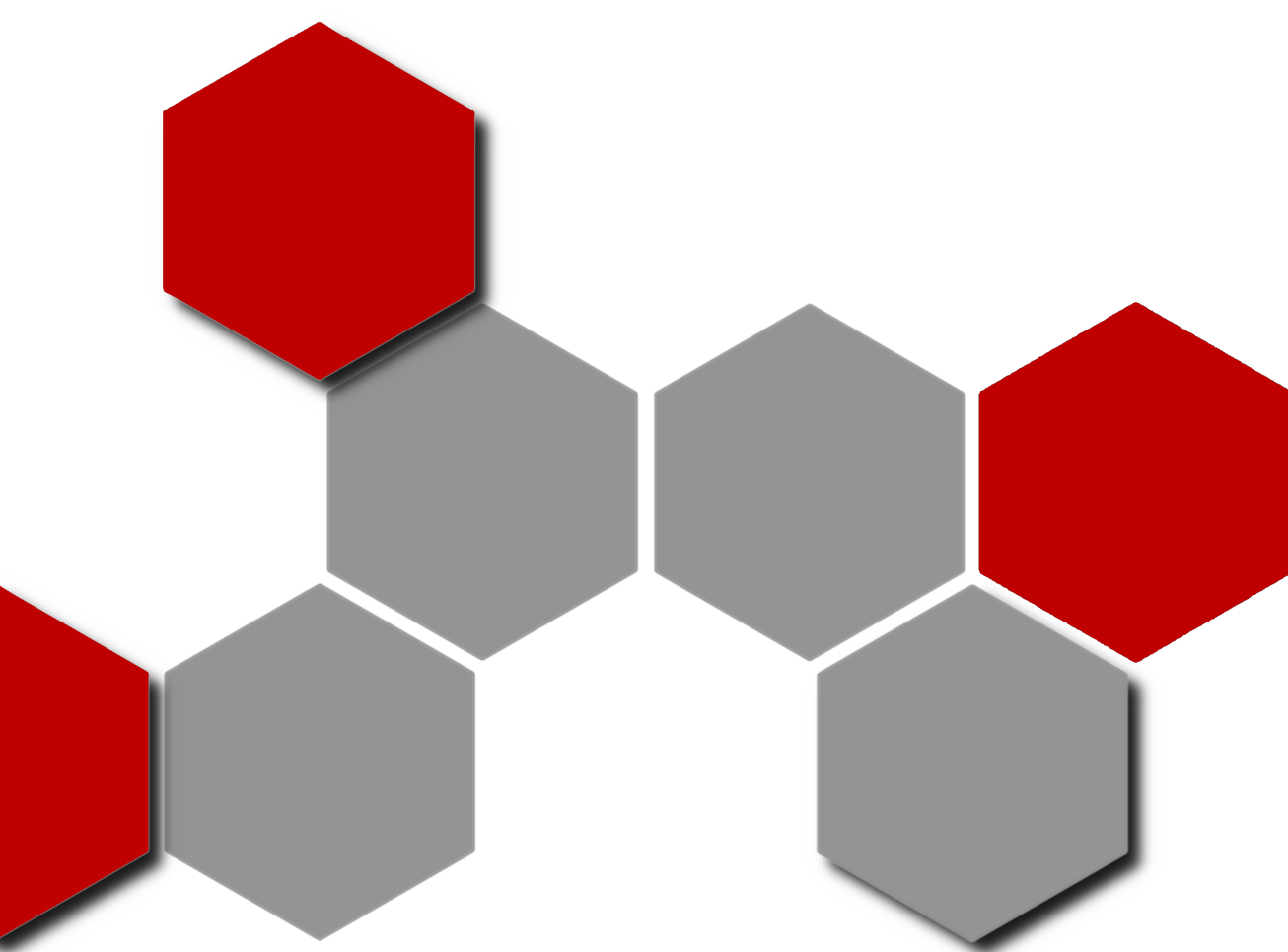
Any changes or recommendations made to your healthcare team are done so only upon your approval.

We will help coordinate any changes with your pharmacy and other providers where necessary.

After changes have been made, you can expect us to follow up with you on a monthly basis (or as often as necessary).



We encourage you to reach out to us with any questions or concerns regarding matters previously discussed with our staff or those that may arise in the future.



For more information about which services are available and may be provided to you, please visit us at:

apothicor.com/employers